

LEADERSHIP

1-Page Tool

Executive BrainSmarts™ – Shift

Our Definition

SHIFT: to intentionally replace one thought or action with another

A person who illustrates excellence in this **Executive BrainSmart**
Adrienne Clarkson [Lorie's choice] **Jack Nicklaus** [Rick's choice]

Name one person who possesses [or possessed] the ability to **SHIFT**

Describe that person's **SHIFTING** Strength

Executive BrainSmarts is a trademark of Lorie Saxby Ph.D. & Phyllis Hiebert M.B.A.
Source: 'Secrets from the Brain – Sharpen Your Thinking, Power Your Performance'

For More Information

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