

LEADERSHIP

1-Page Tool

Executive BrainSmarts™ – Monitor

Our Definition

MONITOR: to observe the thoughts and actions of self and others in responses to self

A person who illustrates excellence in this **Executive BrainSmart**

Lisa LaFlamme [Lorie's choice] **Rich Little** [Rick's choice]

Name one person who possesses [or possessed] the ability to MONITOR

Describe that person's MONITORING Strength

Executive BrainSmarts is a trademark of Lorie Saxby Ph.D. & Phyllis Hiebert M.B.A.
Source: '*Secrets from the Brain – Sharpen Your Thinking, Power Your Performance*'

For More Information

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